

Brian M. Watters, D.C., M.S., L.Ac.
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www.indymuscle.com

Education

Ball State University, Muncie, IN
Exercise Science Major Aug. 2004 to May 2008
Chemistry Minor Aug. 2004 to May 2008
Honor College Diploma Aug. 2004 to May 2008

Logan College Of Chiropractic, Chesterfield, MO
Received Bachelor Of Science In Human Biology, Dec. 2009
Received Doctor Of Chiropractic, Dec. 2001
Received Master Of Science in Sport Science and Rehabilitation,
April. 2012

National Strength and Conditioning Association
Certified Strength and Conditioning Specialist, Oct. 2011

Work Experience

Indy Muscle & Joint Clinic
11691 Fall Creek Road
Suite 110
Indianapolis, IN
46256
Feb 2020 to present

Undergraduate Guest Lecturer
Indianapolis University Kokomo
Intro to Exercise, 12 hrs

IRONMAN Muncie 70.3
Active Release Techniques Team Leader Provider
2012-present

Indy Muscle LLC
Instructor, Yoga Anatomy, 3 hrs
2018-present

Ball State University
Exercise Science Alumni Board Member
2018-present

Physician
Indy Spine and Rehab., P.C.
Oct. 2011 to Jan. 2020
1185 W. Carmel Dr. D-3, Carmel, IN 46032

Carmel Swim Club
Instructor and Strength Coach
Aug. 2018-present

Presentations

Yoga Anatomy & Sports: Understanding Anatomy, Injury Prevention, and Injury Work-a-rounds For Longevity
Class Presentation
Indy Muscle LLC
Oct-Dec, 2018
Carmel, IN

Duke Safety Team Meetings
Safety Presentation
Dec. 2017
Noblesville, IN

Publications

“Using diagnostic ultrasound to determine normal physiologic migratory parameters of the sciatic nerve at the external rotators of the femur in healthy subjects during hip flexion and knee extension”
Master’s Thesis
Logan College Of Chiropractic
2011 publication

Affiliations

Ironman Triathlon
Treating doctor, triage
Muncie, IN July 2012-2017

Indiana State Chiropractic Association, member

American Chiropractic Association, member

National Strength and Conditioning Association Association, member

Licensed Chiropractor in the State of Indiana,
license #08002617A

Licensed Acupuncturist (currently pending) in the State of Indiana

Chiropractic Graduate Permit in the State of Indiana, expired

Board certified in National Chiropractic Boards I, II, III, IV and
Physiotherapy